

**Michael - Sandan So Hombu**

Level 2 Aikido Coach

2009 - Began Aikido

2021 - Shodan awarded by Gordan Jones sensei 7th Dan Aikikai

2023 - Nidan awarded by Gordan Jones sensei 7th Dan Aikikai

2026 - Sandan awarded by Gordon Jones sensei 7th Dan Aikikai

**Intensive Training:**

**Uchi Deshi:**

Michael has completed one month as an uchi deshi with Ryugan Savoca sensei.

Training in aikido, weapons, iaido, zazen and misogi.

Completing Ichimando and Sesshin.

Michael has completed one month as an uchi deshi with Patricia Hendricks Shihan.

Training in taijutsu, aikiken and aikijo.

Receiving Sandan weapons certification.

**Michael has attended seminars with:**

Kobayashi Yukimitsu Sensei

Hino Terumasa Sensei

Katsurada Eiji Sensei

Nakao Shingo Sensei

Shirakawa Ryuji Sensei

Gordon Jones Sensei

Philip Smith Sensei

Eddie McCalla Sensei

Patricia Hendricks Sensei

Ray Gardiner Sensei

Frank Burlingham Sensei

Mark Pickering Sensei

Ryugan.R.Savoca Sensei

Didier Boyet sensei

Toko.J.Flower Sensei

Chris Mooney Sensei

Mike Flynn Sensei

Michael began his aikido journey at 11 years old, at Keihatsu Aikido in Milton Keynes.

He is a level 2 coach, and became a sensei in 2022. He founded MK Aikikai in 2024 to continue the legacy of his teachers, he also continues to receive guidance from the UKA Shihan on national courses, as well as international courses with many other teachers.